A syndrome refers to a group of symptoms and features which usually occur together, and can suggest a particular condition.

Some types of epilepsy are considered syndromes because they have specific signs and symptoms. Doctors may consider the type of seizures, age of onset, gender, behavioural issues, as well as the results of medical investigations and sometimes genetic testing.

Knowing whether a person’s epilepsy is related to a syndrome can be useful in understanding whether seizures can be controlled. It will help inform the choice of medication or other treatments, as well as help you understand the potential impacts on physical and cognitive development.

This section briefly outlines epilepsy syndromes, associated seizures, and provides links for more information or syndrome-specific support where available.